



Charleston Distance Run
Charleston, WV
www.charlestdistancerun.com

News Release
NEWS RELEASE

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Charleston Distance Run Opens Registration for 2012

Charleston, W.Va., May 19, 2012 — Runners can make plans to participate in a historic event and save money by registering now for the 40th Charleston Distance Run.

“We encourage all runners to sign up early for this year’s historic Charleston Distance Run,” CDR Race Director John Palmer said. “Past participants and runners who have never experienced the Distance Run are invited to come join us for what truly is a special year – the 40th anniversary of the 15-miler and the 20th anniversary of the 5K.”

Online registration is available at www.charlestdistancerun.com. Registration forms can be printed from the website for those who want to register by mail. This year’s event takes place at 7:30 a.m. Sept. 1 on Labor Day weekend. The event features a 15-mile run, three-person, 15-mile relay, a 5K race and 5K and 10K walks.

Registration fees for the 15-miler are \$35 by Aug. 1, \$45 by Aug. 22, and \$55 by 9 p.m. Aug. 31. For the 5K race and three-person, 15-mile relay, registration fees are \$30 by Aug. 22 and \$40 by 9 p.m. Aug. 31. Registration fees for the 5K and 10K walks are \$20 by Aug. 22 and \$25 by 9 p.m. Aug. 31.

The Charleston Distance Run is an outstanding value for runners and families, featuring a pasta dinner the night before the race, a T-shirt and finisher’s medal for all participants, awards and cash prizes for top runners and age group winners and a post-race awards luncheon. Past participants have included running greats Bill Rodgers, Frank Shorter and Greta Waitz.

America’s only 15-mile race is run on a scenic but challenging course that starts at West Virginia’s majestic state Capitol, takes runners through downtown, rolls through beautiful hillside neighborhoods and along Charleston’s riverfront and finishes at the University of Charleston’s Laidley Field.

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